



You can view this Newsletter online at [www.highfieldresidentialhome.co.uk](http://www.highfieldresidentialhome.co.uk)

**Welcome to Highfield's February Newsletter - here's what we did during January :**

Wednesday, 4<sup>th</sup> January Richard Sully pianist played for us again in the Lounge – a special afternoon to bring the New Year in with a jolly start!

Saturday, 7<sup>th</sup> January Max the Golden Retriever made a very welcome New Year visit to Highfield. He came round and visited you and also held court in the Lounge! We love Max so hope you enjoyed seeing him again. He was impeccably behaved and hope you also enjoyed seeing his family.

Tuesday, 10<sup>th</sup> January Crossword in the Lounge with Lizzy. More to come!

Saturday, 14<sup>th</sup> January Peter Noble talks to us about his Antarctic Trip – and his fantastic book “Dog Days on Ice”. This talk was accompanied by great colourful slides and as always Peter was a wonderful speaker. Don't miss his next talk which will take us to Poland.

Tuesday, 17<sup>th</sup> January Scrabble with Lizzy. A lovely afternoon sitting round the table and making some great words!

Friday, 20<sup>th</sup> January Holy Communion with Wendy Rainbow.

Tuesday, 24<sup>th</sup> January The first Library visit of 2012! Please see below for the dates which we have so far. The rest of the dates for 2012 will be posted as soon as they are available.

Tuesday, 24<sup>th</sup> January Robert Burns Poetry afternoon with Lizzy. This included his poetry – facts about Robbie and also a Scottish quiz. Very much enjoyed by all who came.

**Our regular events at Highfield – come and enjoy!**

Tuesday at 10:00 a.m. Jo brings her trolley around Highfield – all sorts of treats available!

Tuesday afternoons – Lizzy - for one-to-one care and attention or an event.

Wednesday mornings – Art Group – 10:00 a.m. – Painting in the Lounge – with our wonderful local artist. Even if you have never painted before please come and have a go.

Thursday afternoons – Weekly Reading / Discussion Group – 3:00 p.m. We have just finished reading “Liverpool Miss”. New book starts on 2<sup>nd</sup> February. Come and enjoy this lovely afternoon.

Fridays – “Happy Hour” drinks and nibbles in the Lounge each week at 5:00 p.m. Come and have a drink and a chat.

Sunday mornings – Yoga session – 10:30 a.m. Your Sunday morning exercise.... Come and have a stretch and improve your joint mobility.



## COMING SOON IN 2012!

*Reminders will be given for all special events – but keep an eye on the Board so as not to miss a thing! We hope you enjoy all that comes to Highfield – feedback is always welcome – let Lizzy know your views please*

### FEBRUARY

Wednesday, 1<sup>st</sup> February – 2:30 p.m. Richard Sully plays some lovely tunes on a February afternoon.

Wednesday, 15<sup>th</sup> February – 2:30 p.m. Suzanne Webber plays piano and Accordion.

Saturday, 18<sup>th</sup> February – 2:30 p.m. Film Matinee – “Casablanca”.

Friday, 17<sup>th</sup> February – 11:00 a.m. Holy Communion with Tim Seago.

Tuesday, 21<sup>st</sup> February – 9:40 a.m. – 10:30 a.m. Mobile Library visit.

Tuesday, 21<sup>st</sup> February – 2:30 p.m. Film Quiz with Lizzy.

Tuesday, 28<sup>th</sup> February – 2:30 p.m. An afternoon of poetry.

### MARCH

Friday, 2<sup>nd</sup> March – 2:30 p.m. Ruth returns with her harp.

Tuesday, 6<sup>th</sup> March – 2:30 p.m. Roger Day [local author] comes to talk to us about his book “Ramsbury at War” which has just been published. This will be an interesting and informative afternoon. Don’t miss this!

Wednesday, 14<sup>th</sup> March – 2:30 p.m. Richard Sully comes to entertain.

Tuesday, 20<sup>th</sup> March 9:40 a.m. – 10:30 a.m. Mobile Library visit.

Saturday, 31<sup>st</sup> March – 2:00 p.m. Borders Fashions return with their new collection for 2012. Is there anything you want particularly? Just let the Office know please.

### APRIL

Wednesday, 4<sup>th</sup> April – 2:30 p.m. Easter Flower Demonstration with Joan and Gisela.

Tuesday, 17<sup>th</sup> April - 9:40 a.m. – 10:30 a.m. Mobile Library visit.

Saturday, 28<sup>th</sup> April – 2:00 p.m. Peter Noble talks to us about his trip to Poland.

### MAY

Friday, 11<sup>th</sup> May – 2:30 p.m. Harpist Ruth Thomas plays for us.

Wednesday, 16<sup>th</sup> May – 2:30 p.m. Richard Sully returns to play piano.

## MOBILE LIBRARY VISITS

The dates we have so far are as follows : Tuesday 24th January 2012, Tuesday 21<sup>st</sup> February 2012, Tuesday 20th March 2012 and Tuesday 17th April 2012 – all at 9:40 a.m. until 10:30 a.m. There is a full list on the Noticeboard as well as in this Newsletter *and please ask if you need help to get to the Library van.* If you would like a particular book, DVD or video – please ask Lizzy or the Office and we will do our very best to get you anything you need. Listening books are available too.